

F-19, Sector-08, Rohini, Delhi- 110085

Event	Workshop Series (Interactive) Lecture. 1
Topic	Universal Human Values
Resource Person	Dr. Rakesh Mohan Pujahari, Principal, Orleans The School
Schedule	10:00 AM to 11:00 AM
Date	20th September 2022
Day	Tuesday
Venue	Multipurpose Hall, Basement
Faculty In-charge	Harsh Mehan
No. of Participants	16 Faculties

Objectives of the Workshop

- ❖ Explaining the types of Universal Human Values to the participants.
- ❖ Update the participants about various agents of Aspirations and Concerns.
- ❖ Inculcating awareness about factors towards happiness and its dimensions.

About Resource Person (In-House)

Dr. Rakesh Mohan Pujahari is a reputed Principal of Orleans-The School. He is having a Doctorate Degree in Physics and a vast experience in education field with holding a lot of workshops and seminars in many educational and other institutions.



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Report of the Workshop

The Principal of Orleans-The School has started a **Workshop Series on “Universal Human Values”**. He has started the Workshop Series with **Lecture 1 on “Aspiration and Concerns”** in the Multi-Purpose Hall of the School as on **20th September 2022**.



In his lecture, he highlighted the importance of knowing the Human Values. He emphasized that a person should know the difference between the Physical Happiness and Mental Happiness. He explained the various components of happiness.



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He well-versed explained with the live examples the process of ***Doing, Becoming and Getting*** as per **Aspirations**.

Lecture 1 of the Workshop was very interactive as many faculties share their experience and asked many questions on happiness, aspiring dimensions, and real-life situations.

It was a very informative and eye-opener workshop.



Outcomes of the Workshop

- ❖ Participants learned about Aspirations and related terms in real-life.
- ❖ Participants learned what to do if they want the true satisfaction for their aspirations.
- ❖ It helped to setup their short term, mid-term and long term goals related to aspirations.
- ❖ They can now differentiate between Physical Happiness and Mental Happiness.