

# ORLEANS MIRROR

*.....towards lights  
'vers la lumière'*

**Understanding  
Our Surroundings**

**Personality  
Development  
Club**

**EARTH DAY**

**World Blood  
Donor's Day**

**INTERNATIONAL  
WORKERS DAY**

***Fathers Day***

*"Yoga is a mirror  
to look at ourselves  
from within"*

## Dear Readers

It is with a sense of great delight and immense pleasure to address you all through the new edition of Orleans Mirror and gives me a sense of some moments to feel that our editorial board and the team of qualified teachers are taking painstaking efforts to rise to the occasion by presenting the stuffs and materials keeping in view the requirements of our lovely students and esteemed parents. I am sure that if you read it intelligently and wisely, it will go a long way in equipping you with knowledge to face the grueling battle of life and academics and bring you sure success. At the same time, it's very heartening to witness that the school has carved a name for itself in the academic framework. Education is the most powerful tool to fight all the oddities of life and bring desirable changes in our personality and our society. It is the only medium which enables us to move from darkness to light.

Dear students, I strongly believe that there can be no better way to drive and improve our nation's prosperity and social and economic well being than through its education system.

I would like to take this opportunity to urge you all to focus on holistic development. Education combined with sincerity spells splendid effect. So, you should always have your education laced with morality and ethics, and I strongly believe it to be the need of the hour. This task has to be taken over by the academicians to provide value and ethics based education, productivity not apart. Friends, you should always remember that honesty is the first chapter in the book of wisdom and it needs to be inculcated to reach the acme of success in life. I earnestly believe that my worthy academicians will put up their best and hardest in this regard and Orleans' Mirror will give you the best guidance and reading material. It is up to you to make the best use of it for a bright success in any examination of life. With best wishes for your brilliant success and bright future ahead.



**Director (N. Shrivastav)**

## From the desk of Academic Council



Education is about embracing all, making a commitment to do whatever it takes to provide each student in the community. Orleans—the School, Rohini, Delhi under the aegis and the flagship of Tecnia Group of Institutions, New Delhi, is committed to imparting quality education to its students who can change their perspectives and contribute nationally and globally. We at Orleans the School, believe that each child is unique and we value their uniqueness. We try to give the students an environment which is child-friendly, fearless and conducive to learning. As rightly said, ***“The effort of every true education should be to unlock the treasure of kindness and generosity hidden in the soul of a child.”***

**Best wishes to all students!**  
**Ms. Ritu Verma (Senior Incharge)**



***“We cannot always build the future for youth but we can build our youth for the future.”***  
School plays a vital role in shaping the future of a nation. Our school constantly finds out awareness to make education interesting for students. Orleans The School- aims to have a global outlook by providing holistic education and has created a benchmark in the field of education. Here the children are encouraged to explore the joy of learning. We provide the students a learning experience to realize their individual potential to serve the community with dedication and sincerity.  
Mahatma Gandhi, the father of our Nation said, ***‘Education is the total development of Body, Mind & Spirit.’*** All the academic/educational activities of the school are designed on this basis.

**Mrs. Sujata Tekwani**  
**Middle Wing Incharge**



We at ***“Orleans The School”*** aim to meet the challenge of specific educational outcome goals for students as well as developing creative, resilient, independent, flexible, globalized curriculum. We promote an inquiry-based approach to learning to develop thinking skills and encourage intellectual engagement.

**Poonam Batra**  
**Primary Incharge**

# SPECIAL CORNER

## Early Years Curriculum

The Cambridge Early Years Curriculum offers a holistic approach that lays focus on every aspect of a child's progressive development and connects his/her association with the world and people around them.

The curriculum provides a comprehensive set of learning statements that sets a unifying structure for teaching and learning into three stages : **EY1 (for ages 3-4)**, **EY2 (for ages 4-5)** and **EY3 (for ages 5-6)**.

The learning statements reflect well-established developmental milestones for children's learning from the age group of 3 to 6. However, milestones can never be an accurate indicator of what every child can do. Each child has his/her own developmental pathway which is shaped by many factors, including their home background and experiences. A child's current level of knowledge, understanding and skills always needs to be considered when planning their next steps.

The Cambridge Early Years Curriculum is a planning tool and the learning statements within it are designed to promote progression in learning from EY 1 to EY 3 and onwards into primary education. It enables development of knowledge, understanding and skills through a spiral approach i.e. by

## Poonam Batra (Primary Incharge)

revisiting and engaging with topics and skills at deeper levels and in different contexts across the stages.

## Communication, Language & Literacy

Speaking, listening, reading and writing are crucial to children's early development. Showing children the importance of language through fun activities and encouraging them to engage with a wide range of texts helps to ignite a lifelong curiosity for learning.

Where the Cambridge Early Years Curriculum of teaching and learning is judiciously designed in English, it equally celebrates and glorifies the home language of the learners.

# COMMON PRINCIPLES OF EARLY YEARS EDUCATION

1. The best way to prepare children for their adult life is to give them what they need as children
2. Children are whole people who have feelings, ideas and relationships with others, and who need to be physically, mentally, morally and spiritually healthy.
3. Subjects such as mathematics and art cannot be separated; young children learn in an integrated way and not in neat, tidy compartments.
4. Children learn best when they are given appropriate responsibility, allowed to make errors, decisions and choices, and respected as autonomous learners.
5. Self-discipline is emphasized. Indeed, this is the only kind of discipline worth having. Reward systems are very short-term and do not work in the long-term. Children need their efforts to be valued.
6. There are times when children are especially able to learn particular things.
7. What children can do (rather than what they cannot do) is the starting point of a child's education.
8. Imagination, creativity and all kinds of symbolic behavior (reading, writing, drawing, dancing, music, mathematical numbers, algebra, role play and talking) develop and emerge when conditions are favorable.
9. Relationships with other people (both adults and children) are of central importance in a child's life.
10. **Quality education is about three things** : the child, the context in which learning takes place, and the knowledge and understanding which the child imbibes and learns.

**with Gratitude**  
**Poonam Batra**  
**Primary Incharge**

# The Glimpse of Early Year Tiny Tots.



**W**e believe in overall development of a child. Curriculum we provide is detailed flexible and encourages student across the world to become active, compassionate and lifelong learners. Cambridge Curriculum promotes thinking skills and encourages intellectual engagements where children become confident communicators. We are committed to ensuring all learners access the benefits of their education through a fair and accurate skills knowledge and understanding.



## 1. Problem solving skills

Whether it's a toy-related conflict or a tough math equation, kids of all ages face problems and challenges on a daily basis. As parents or teachers, we can't always be there to solve every problem for our children. In fact, this isn't our job. **Our job is to TEACH our children how to solve problems** by themselves. This way, they can become confident, independent, and successful individuals. Instead of giving up or getting frustrated when they encounter a challenge, kids with problem-solving skills manage their emotions, think creatively, and persist until they find a solution.

## 2. Listening and comprehension

Listening and comprehension is more than just hearing what is being said. It's a child's ability to understand the meaning of the words they hear and be able to relate to them in some way. When children hear a story, good listening skills and comprehension enables them to understand it, remember it, discuss it and even retell it in their own words. This is an important skill to develop even at an early age because good listeners grow up to be good communicators.



## 3. Vocabulary enhancement

Vocabulary matters for many reasons. Children in Year 3 to 6 need to understand a wide range of words to succeed in their academics. **'Words empower children to make sense of the world around them, A wide vocabulary helps them to put their emotions into words, socialise with people, imagine and wonder.'**

## 4. Creative expressions

Children learn, develop critical skills, and have fun when provided the opportunity for creative, artistic expression. Painting, coloring, writing, making music, and making crafts are all creative activities. Creative expression helps children articulate their feelings and thoughts.



## 5. Inter-personal skills

Children learn interpersonal and social skills based on their experiences – by what worked in the past. Young babies may scream to let their parents know they are hungry, a baby learns that when it screams it gets fed and therefore continues with this behavior. Later, with the right encouragement, children will learn that using sentences including the word **'Please'** to ask for food maybe their best strategy for success. Interpersonal skills, however, go far beyond social niceties such as being polite and civil. As children develop communication skills so their interpersonal and social skills also mature.

## ACTIVITIES

### EARTH DAY

*To diversify, educate and activate the environmental movement worldwide.*



The Earth is suffering from various diseases at this point of time. In order to save our planet, Orleanites came forward with their illuminating ideas in order to use the waste in an innovative manner and by giving various solutions to dump the various types of waste. It was a brilliant exhibition of creative ideas by the Orleanites. They were motivated by an array of activities like “**Kachra Samadhan Mahotsav**”, Best out of Waste etc. to make the planet more beautiful. All the students participated with great zeal and fervor.

## World Blood Donors' Day

*“Be there for someone else. Give blood. Share Life”*

June 14 is a day to celebrate life and donors of life with the name of **World Donor's Day**. The day is celebrated to commemorate the **birth anniversary of Karl Land steiner**, a biologist who classified the main blood groups. The red liquid transports all the essentials to the organs, without which a person can not keep his/her body and soul together. Keeping that in mind, a special assembly was organized by Orleans-The School, to help people understand the significance of the same. Orleanites are passionate enough to make people aware of how donating a few drops of blood can prove to be a miracle for someone, through E-Posters.



# Celebrate the golden harvest of joy

## “Happy Baisakhi”



**O**rleanites have harvested the courage, strength and living the moment to the full, that has been sown by their teachers in them. Orleanites exhibited their talent virtually and celebrated Baisakhi to mark the season of harvest with great enthusiasm. The students tried their hands-on cooking, art and craft, folk dance and Punjabi look. The day ended with colorful art our of children.

### FIRST AID

Let's Play and Learn



The Orleanites always believe in reinforcing learning !

Students of Class IV learn basic treatment for common wounds and medical conditions, including cuts and scratches, breaks and sprains, and poisoning through a **ROLE PLAY**. This enables students to practice responses to various injuries and scenarios.



## INTERNATIONAL WORKERS DAY



“No human masterpiece has been created without great labour.” International Workers' day commonly called Labours' day has been celebrated by Orleans-The School on 1st May 2021 to acknowledge the struggles and efforts of our workers and laborers. The day reminds us of the significance of the workers in our life and thus they should be treated with respect. Orleanites have expressed their gratitude by preparing the Thank you E-cards, Posters and E-pamphlets to emphasize their importance. It was a fruitful day as it taught students to be thankful to every person who they come across in their life.

## ≡ BALANCED DIET ≡

### A Path To Healthy Life

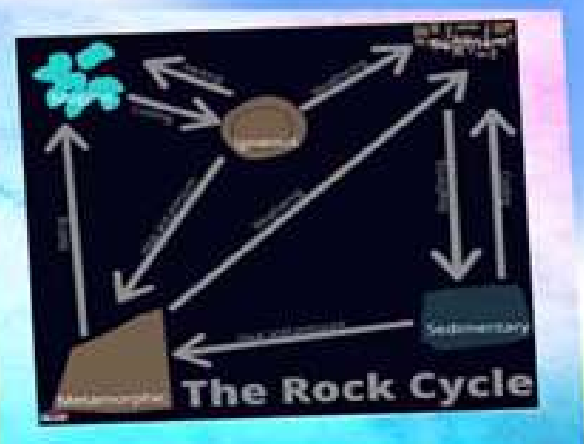
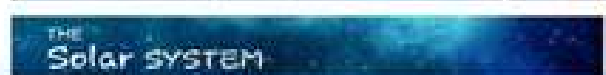
A healthy mind resides in a healthy body. To put it into practice, the students of **Class-V** showcased the importance of **Balanced Diet** to enhance the immune system. **The little Orleanites** actively participated and discussed the benefits of healthy eating habits.





# SOCIAL SCIENCE WEEK

## UNDERSTANDING OUR SURROUNDING



**O**rleans-The School celebrated *SST week from 26 April 2021 to 30th April 2021*. The week was full of using the knowledge, information gleaned from books and putting them into practical use.

Orleanites were enthusiastic to choose their favorite topics and create interesting presentations, projects through which they portrayed their creative skills. It was a fun filled week.



# Father's Day

*Celebrating the silent and selfless  
love He never looks for praise.*



*"He's never one to boast.  
He just goes on quietly working  
For those he loves the most.  
His dreams are seldom spoken.  
His wants are very few,  
And most of the time his worries  
Will go unspoken, too.*

*He's there...a firm foundation  
Through all our storms of life,  
A sturdy hand to hold onto  
In times of stress and strife.  
A true friend we can turn to  
When times are good or bad.  
One of our greatest blessings,  
The man that we call Dad."*



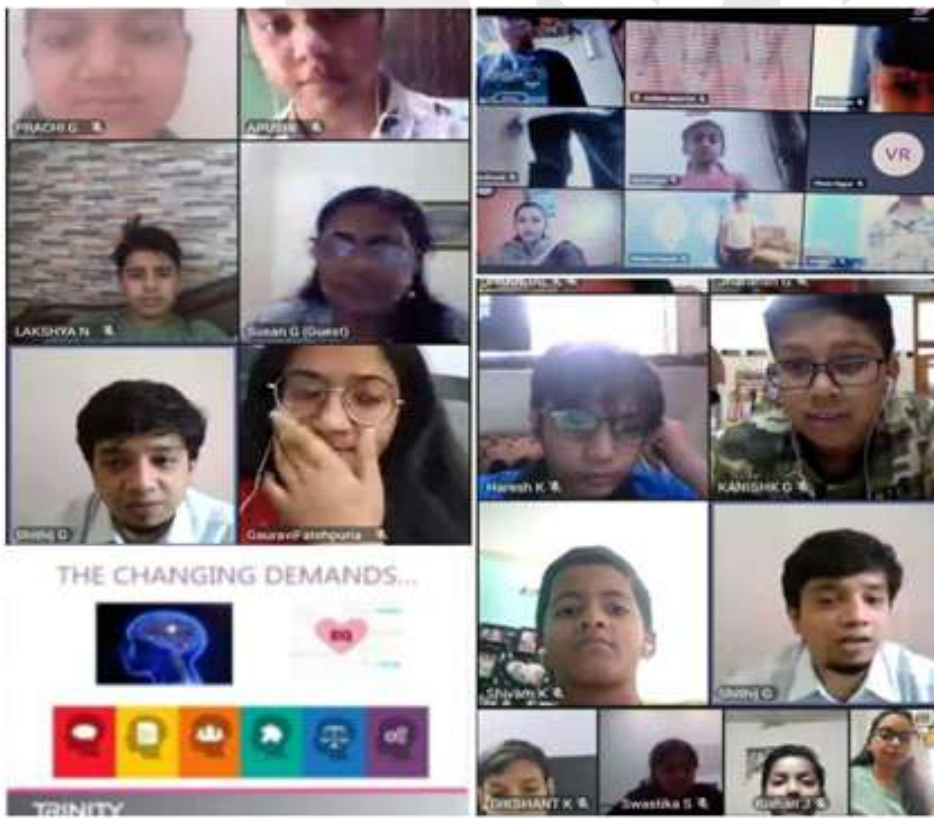
*Fathers are like candles; they make daylight out of darkness. A father is someone who is concerned with everything we do. Orleanites have acknowledged the love and struggles of their Fathers on this Father's Day, 20th June 2021 by rewarding them with simple but cheerful things. Our little toddlers made the World best Dad trophy for the one who lights up their path. A Pen Stand has been made and gifted by the students of class I-II to their super heroes. The journey of gifts doesn't end here, it goes on with the 3D Family Tree and innovative cards made by our lovely kids of class III-V and VI-VIII respectively. Orleanites had a fun filled day and enjoyed doing activities for their proud fathers.*

## Personality Development Club

If you can speak, you can influence. If you can influence, you can change lives. The students of Orleans the school were indulged in a workshop to understand the finer nuances of public speaking. With the need to develop confidence and expressive skills for the international arena, public speaking is a skill that needs to be developed as early as possible. The students got to realize that the key is to first get into the topic and then let the topic get into you and finally get the topic into the hearts of the audience.

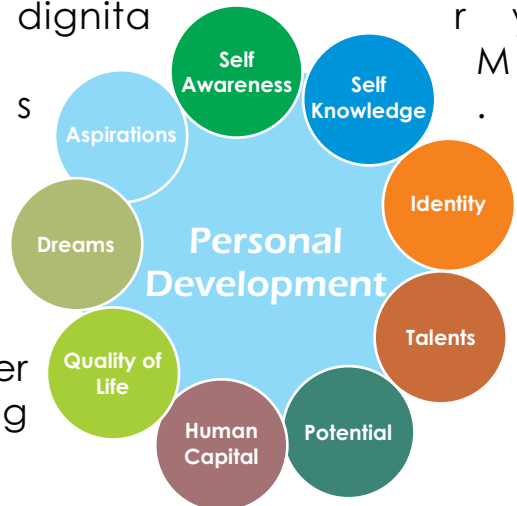


## Personality Development Club



Susan George, who is Marketing and Academic consultant with Trinity College, London for spending time with the students and enlightening us with her thought-provoking ideas on enhancing communication skills and creativity.

Personality development is the development of organized patterns and behavior which make a person distinctive. To this end, Orleans the school organized a “Live Grooming Session” for its learners to understand the intricacies of overall personality. We would like to thank the renowned dignitary Mr. S.



# International Yoga day an Invitation to Explore

**“Yoga is a mirror to look at ourselves from within”**



The whole world comes together to affirm the significance of Yoga, to maintain the balance of their life, on **21st June** every year, an initiative started by our Hon'ble PM Sh. Narendra Modi. Carrying this legacy forward, **Orleans-The school** has organised a workshop conducted by **Art of Living**, an organisation started by **Sh Sh Ravi Shankar**. One hour workshop was led by Ms. Kirandeep Kaur and Ms Sonali in Primary wing and by Ms. Shivani Seth Chawla and by Ms Gaurangi in Senior wing in order to lead Orleanites to **meet their own spiritual self**.

Orleanites along with the parents and teachers learnt various new asanas. It was a rejuvenating break from a stressful life and a positive way to deal with negativity of the pandemic. The programme was designed in a way that it provides rest to the body, restores peace and balance of life.

It was a marvellous way to celebrate **International Yoga Day** and a way to spread happiness through serenity.



## Creative Corner of Students

*Stay home, Stay safe  
 We can't go to malls,  
 Nor can we go to  
 waterfalls,  
 Because this virus is a  
 scaring,  
 Sending our spines into a  
 shivering.  
 If you have to go out,  
 think twice,  
 Wear your mask, be wise,  
 After coming home,  
 sanitise,  
 And wash your hands  
 thrice.  
**COVID-19** is the name,  
 It is playing a hide and  
 seek game.  
 By following the rules, we  
 can ensure the end  
 game.*

PRACHI  
CLASS: X

### Why Should One Be positive?

In every turn of our life, we have two options to either be positive or negative, but the question arises here is "Why and for what reason I should be positive, so here's the simple answer for that- being positive makes you feel really motivated and also give good vibes which make you feel that the thing or task you are doing is right and you are doing that for your ease and sake only.

Positivity also plays a key role in keeping you fine and seeing you in a good trim whole family is also tautness free. But don't make sense, wrong that being positive always then 100% you would be successful as- to be successful you need to do hard work along with being positive.

Some people would say why not be negative it's also an expression of your feelings, they feel there's no advantage of that- but the main reason is negativity demotivates us and encourages negative energy to grow inside and also while thinking negatively, we won't be successful, we would always fail, etc.

If you don't believe till now also, then start thinking positive from now only and feel the change, after a few minutes only you would feel a great change in yourself, that is how you made your life in the past, such a sarcastic by thinking negative. And this is the reason why one should always be positive.

**If you still have any doubt follow what Walt Disney said "The way gets started, is too quiet talking and being doing"**

Thank You  
Ananya Awasthi

# Coronavirus and Education

The covid-19 pandemic has spread far and wide and has compelled the human society to have physical distance. Coronavirus was first caught in Wuhan, China on 31, December 2019. World Health Organisation (WHO) declared Covid-19 as a pandemic on March 11, 2020 after observing the situation WHO suggested to have social distancing, where to mask when out and sanitize yourself? So, every country started doing the lockdown to prevent the people from contamination. The education sector like school and colleges become closed. Many entrance exams got suspended. This significantly disrupted education sector which plays a vital role in the growth of the economy of any country. In the mid-April a total of 1.725 billion students globally had been affected by the closure of schools and institutions. The lockdown had serious implications on the mind of young children, resulting in psychological problems. In the initial phase the educators and students both were confused that how to cope up with this sudden crisis of pandemic. Covid-19 somehow helped the students to strengthen their technological skills. But on the other hand, it is also affecting the children in many ways, a continuous screen time of 4-5 hours can cause strain on the eyes of the children, the headphones used by the students in online classes are affecting their ears, they have more exposure to social media which have its own pros and cons. The exams were also held online last year which also had a negative impact on the students, because many students were not giving the exams honestly.

But there is no other way left for carrying the education forward. The teachers are giving their best, they assigning the work via WhatsApp, delivering lectures through video conferencing apps. The children of the weaker section of the society are largely affected by this online mode because they don't have the availability of internet or smartphones. The government should take significant steps to help these children, otherwise they'll be caught in a continuous chain of poverty and will become vulnerable.

Arushi (10th)

**Coronavirus  
was first caught  
in Wuhan,  
China on 31,  
December 2019**

**World Health  
Organisation (WHO)  
declared Covid-19 as a  
pandemic on March 11,  
2020 after observing the  
situation WHO suggested to  
have social distancing,  
where to mask when out  
and sanitize  
yourself**

# Prevention is better than a doctor. **Coronavirus Prevention**

## How to Prevent the Corona virus

The best way to prevent the coronavirus is to not get it in the first place. There are vaccines for COVID-19 and they are free to the public, but even those vaccinated run the risk of infection or spreading it.

You can lower your chances of getting or spreading the virus by taking these steps:

- Wash your hands well and often. Use hand sanitizer when you're not near soap and water.
- Try not to touch your face.
- Wear a face mask when you go out.
- Follow your community guidelines for staying home.
- When you do go out in public, leave at least 6 feet of

space Between you and others.

- Don't leave your house if you don't feel well.
- Cover your mouth with your elbow when you cough or sneeze, or Use a tissue.
- Clean and disinfect places and things you touch a lot.

## How Does the Corona virus Spread?

The virus spreads mostly through droplets that people send out when they talk, sneeze, or cough. These usually don't stay in the air for long or go farther than 6 feet. But the coronavirus might also travel through tiny aerosol particles that can linger for up to 3 hours and travel farther away. This is why wearing a facial covering can be important. It can keep you from giving it to others as well as helping you avoid breathing it in. You might also catch the coronavirus if you touch something that an infected person has touched and then touch your eyes, nose, or mouth.

## CORONA VIRUS PREVENTIONS



WASH YOUR HANDS AT LEAST 20 SECONDS



USE SOAP



WEAR MASK



AVOID CROWDS



AVOID HANDSHAKE



DISINFECT CONTACT ELEMENTS

PREVENTION IS BETTER THAN A DOCTOR. CORONA VIRUS PREVENTION

MUNISH  
12TH A

## Warriors of Humanity

Full of fun and play was our life,  
Fearlessly and playfully we embraced every strife.  
Suddenly, a virus ran a hart, thumping fear on every heart.

"no out," Is my mom's shout.

'football and cricket no longer to think about'  
Just then came a doctor's call,

United we stand, divided we shall fall.

Deep in your heart so long you believe, no infection will ever deceive.

Yes! Doctor's aids always prevail,

And we in our mission shall never fail.

Police uncle said, "nothing to tarry, with you we shall carry.

Just mask your face, won is the race."

Every dirt raises the cause,

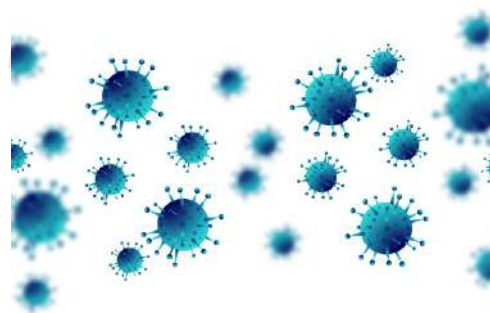
This is the message, sweepers in us, arouse.

Nurse is near, nothing to fear,

Respect is what we need to give them, dear.

Thank you "warriors for being our saviour"

## Covid-19



Covid-19 started last year [2019] in China [Wuhan city]. It is like a pandemic around the world. The main symptoms are like fever, cough, etc. Most difficulty

in this disease is a problem in breathing because Corona is badly affecting the lungs.

- At this difficult time Corona warriors are doing their best by providing the necessary help to protect the lives of many people. Presently we are passing through the second wave of COVID 19 and this time it is looking more dangerous than the earlier.
- Now it is spreading in every corner and even in smaller areas also.
- Despite so much difficulty we have to make our life positive and keep our mind calm and not to think negative thoughts in our mind. It can give us much tension to you and your family, you can do so many things like: playing with your children, watching movies with your family, studying new books etc.
- Many scientists have been trying their best to make vaccines to safeguard us from this ugly disease.
- Many pandemic comes earlier in the World which we had fought and won. Again this time we are fighting with a new pandemic [covid-19] and we are sure that with safety and self control we will beat this VIRUS and we will win. We have to make strong immunity by following some basic rules to protect yourself from Covid-19. For ex : social distance staying Safe at your home, wearing a mask, cleaning hands etc.

# PHYSICAL FITNESS



## *12 Fun Facts about Physical Exercise*

1. Music improves workout performance
2. Exercising improves Brain Performance.
3. Working out sharpens your memory.
4. Running burns Calories.
5. More Muscle Mass = **Burning more Fat while resting.**
6. Exercise prevents signs of ageing.
7. A pound of muscle burns three times more calories than a pound of Fat.
8. You get Sick less often.
9. Increases Productivity
10. Workouts can improve the look of your skin
11. Exercising Boosts Self Confidence.
12. Working out enables you to sleep better.

Ashish Pansari



# Hands on Work



**BY SANCHI - CLASS XI**



**BY KRISH - PALAK BANSAL XI**



**BY RASHI CLASS-V**



**BY KRISH - CLASS XI**

# The Kindness Corner



PRANJAL-CLASS VIII



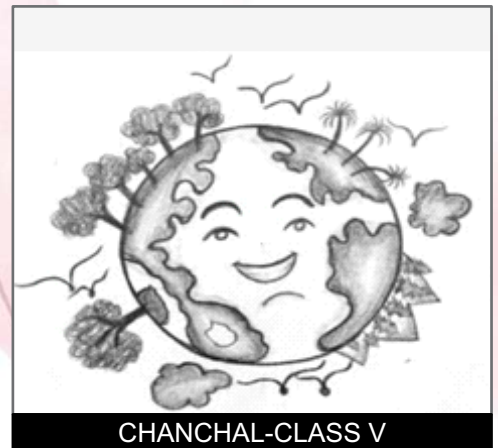
KANISHK GUPTA - CLASS VIII



RHYTHM PASARI - CLASS VII



MEHREEN - CLASS V



CHANCHAL-CLASS V



GAURAVI FATEPURIYA - CLASS XII



Gauri VII





# Let's Play and Learn



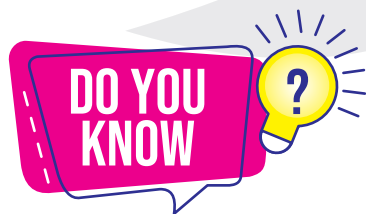
## BRAIN TEASER PUZZLES

???

## Tongue Twisters

*Try speaking them 5 times in a flow*

1. You know New York, you need New York, you know you need unique New York.
2. How much wood would a woodchuck chuck if a woodchuck could chuck wood?  
He would chuck, he would, as much as he could, and chuck as much wood  
As a woodchuck would if a woodchuck could chuck wood.
3. Betty Botter bought some butter  
But she said the butter's bitter  
If I put it in my batter, it will make my batter bitter  
But a bit of better butter will make my batter better  
So 'it was better Betty Botter bought a bit of better butter
4. I thought I thought of thinking of thanking you.
5. Tom threw Tim three thumb tacks.
6. Nine nice night nurses nursing nicely.



1. Elephants are the only animals that can't jump.
2. Like fingerprints, everyone's tongue print is different.
3. The only food that doesn't spoil is Honey.
4. The blood of mammals is red, the blood of insects is yellow in color, and the blood of lobster is blue.
5. TYPEWRITER is the longest word that can be made using the letters only on one row on the keyboard.

- Q1 Peter's father has five sons. The names of four sons are Fefe, Fifi, Fafa and Fufu respectively. What is the name of the fifth son?
- Q2 What can you catch but not throw?
- Q3 You bury me, when I am alive but you dig me up when I die. Who am I?
- Q4 It's 3:35. If the clock is rotated 90 degrees counter clockwise, what time will ?
- Q5 Six neighborhood children Leisha, Benito, Delia, Charlotte, Weldon, and Zina were measured yesterday. Weldon is taller than Delia but shorter than Zina. Leisha is taller than Benito but shorter than Delia and Weldon. Benito isn't the shortest. Can you list the Kids in order of height from tallest to shortest?
- Q6. What no should replace the question mark?

1 = 4	12 × 12 = 9
2 = 16	23 × 23 = 16
3 = 64	34 × 34 = ?
4 = ?	

Q7. If 3 cats can catch 3 bunnies in 3 minutes, how Long Will it take 100 cats to catch 100 bunnies?

can catch 100 bunnies in 3 minutes:  
100 cats to catch 100 bunnies: 1 cat can catch 1 bunny in 3 minutes, so 100 cats  
is a tricky math problem question to test your attention skills. It will take 3 minutes for  
1134 × 34 = 1122, then 1 + 1 + 2 + 2 = 13  
1133 × 33 = 2331, then 2 + 3 + 3 + 1 = 9  
1135 × 35 = 1444, then 1 + 4 + 4 + 4 = 13  
numbers that make up the result:  
1) After becoming the multiplication, we reach the result by adding the individual  
2) Follow the pattern: 1 = 4, 2 = 16, 3 = 64, 4 = 32  
3) Now, 'Meidou', 'Deia', 'Leisha', 'Benito', 'Charlotte'  
4) My answer is: 13:30  
The most crucial detail to consider here is, counter-clockwise, 20, the hour hand will  
1) betel 3) 5ant  
VIZMBE2

## !!! RULES !!!

### Expected behavior at assemblies

The purpose of an assembly is to present information or provide a special experience for students. Students are expected to:

1. Keep hands, feet and objects to themselves.
2. Respect program personnel. Listen carefully and respectfully to the presenter(s). No booing or whistling.
3. Sit quietly and do not talk during presentation.
4. Follow dismissal instructions.

### Classroom rules

- |   |   |
|---|---|
| 1. Ask questions                                | 31. Be respectful of others' ideas                                |
| 2. Respect and listen to your classmates        | 32. Follow the teacher's directions the first Time they are given |
| 3. Respect and listen to the teacher            | 33. Cooperate with your classmates                                |
| 4. Raise your hand to speak                     | 34. Be creative   |
| 5. Be prepared for class                        | 35. Be honest   |
| 6. Be quiet when the teacher is talking         | 36. Use technology appropriately                                  |
| 7. Be quiet when classmates are talking         | 37. Be proud of your work   |
| 8. Share new ideas                              |   |
| 9. Keep your hands to yourself                  |   |
| 10. Respect others' property                    |   |
| 11. Keep your workspace tidy                    |   |
| 12. Be kind                                     |   |
| 13. Always do your best                         |   |
| 14. Walk, don't run, in the hallways            |   |
| 15. Be a good friend                            |   |
| 16. Be on time                                  |   |
| 17. Share with others                           |   |
| 18. Use equipment properly                      |   |
| 19. Help keep the classroom tidy                |   |
| 20. Listen to all the teachers                  |   |
| 21. Obey all school rules                       |   |
| 22. Finish your homework on time                |   |
| 23. Be respectful of classmates who are working |   |
| 24. Have a good attitude                        |   |
| 25. Use positive language                       |   |
| 26. Follow the dress code                       |   |
| 27. Line up neatly and quietly                  |   |
| 28. Stay in your seat                           |   |
| 29. Listen with your ears and your eyes         |   |
| 30. Contribute to discussions                   |   |

#### The do's for **online learning**

1. Be punctual, log in on time
2. Read the syllabus
3. Introduce yourself and respect your peers
4. Set up your space, make sure it's quiet and uninterrupted

#### The don't s for **online learning**

1. Don't be a wallflower, don't be afraid to speak up
2. No excuses for bad tech.
3. Ignore additional online resources
4. Don't think you're doing it all alone

### STUDENT DISPERSAL NON – BUS STUDENTS

1. Parents / guardians of students who do not avail school transport should report at the school gate 10 minutes before the school gets over to collect their wards.
2. Parents (or whoever is authorized by the parents) have to produce the Escort Card at the school gate to receive their ward, failing which the student will not be handed over to their parents (or who ever is authorized by the parents).
3. If due to certain emergencies, a student has to leave the school campus during school hours by his own transport, the following rules have to be Observed:
  - Give a written application
  - Produce the Escort Card
  - Sign the School Leaving Register
  - Take a Permission Slip, which has to be shown at the school gate before leaving the campus.
4. In case the Escort Card is lost or misplaced the child can be released on the basis of a written application signed by both the parents and approved by the Principal at High School or by the Head of the Junior School.



## LIFE SKILLS

### THE BENEFITS OF KEEPING A PET

With almost no effort at all, pets manage to bring so much joy into our lives. They make us laugh, comfort us when we're sick or upset. Not everyone understands the bond between human and beast, though, or even realises how much pets do for their owners. Let's take a look at ten of the benefits of having a furry friend-

**1) They Keep You Fit:**

All breeds of dog need regular, daily walks in order to stay happy and healthy, so do we. However, we sometimes have the tendency to get a bit lazy if that sounds like you, a dog is the perfect cure! They'll be dragging you out the front door and making you run around the park each and every day. Yes, a dog is possibly the best personal trainer you could ask for.

**2) They Make Sure You're Never Lonely:**

If you live by yourself, or your partner works different shift patterns to you, it can get awfully lonely at home unless you have a pet, of course! Cats and dogs make great companions they'll always be waiting for you to come home and they'll be happy to lend an ear should you want to moan about the awful day you've had. Plus, most of the time, they're up for a snuggle on the sofa.

**3) They Lower Your Stress Levels:**

Modern life is stressful and high levels of anxiety can lead to numerous health problems. Luckily, pets can really help us relax stroking your cat or simply watching fish swim around in a tank can make your worries melt away. Previous studies have proven that pet owners tend to have lower blood pressure, cholesterol and triglyceride levels than people who don't own a pet. That means having a furry pal can decrease the chances of suffering a heart attack later in life.

**4) They Can Help You Make Friends:**

The pet owner community is an incredibly friendly one you'll often find that people will stop to talk to you about your dog in the park. Having a pet is a great way to meet new people and create bonds quickly, especially if you're not too good at small talk. You never know, owning a dog may help you meet the love of your life!

**5) They Can Improve Your Immune System:**

Pets spend a lot of their time outside and therefore bring all sorts of dirt and germs into your home. This isn't necessarily a bad thing though the additional germs can help improve your immunity to colds and other mild illnesses. In fact, previous studies have shown that babies who live with a dog tend to experience fewer infections and are generally healthier than those who don't.

**6) They Can Stop Your Children from Developing Allergies:**

While it's no guarantee that owning a pet will stop your children from developing certain allergies, the evidence suggests the dander in their fur may help. However, it's worth noting that you should never own a cat or dog if you are allergic to them you won't suddenly become immune!

**7) They Can Catch Cancer Early:**

It's no secret that a dogs' sense of smell is incredible, but did you know that some canines are capable of detecting cancer? Several pet owners have reported that their dog saved their lives after they noticed they were constantly pawing at, sniffing or even licking a tumour hidden underneath the skin.

**8) They Can Teach Kids Responsibility:**

Every parent has heard the question 'Can I have a pony/puppy/hamster?' at some point in their early life. It's no secret that kids love animals, and if they're old enough, having one as a pet can actually teach them a lot of important skills. Not only will they learn the practical skills required to own a pet, such as cleaning out the cage, grooming and teaching tricks; they'll also develop their nurturing and empathy skills, which are vital in later life.

**9) They Make You Feel Safe:**

Not everyone likes being home alone, but having a cat or dog there can make you feel a lot safer. Plus, burglars are less likely to target a house that's clearly home to a dog. Some breeds make excellent guard dogs and will even protect you when you're out for a run or walk.

**10) They Can Provide Companionship to Children with Learning Difficulties:**

Children with autism and similar learning disorders often find it difficult talking to fellow human beings, but they have no problem at all with chatting away to friendly animals. After all, your pets can't answer back and will always keep your secrets! Looking after a pet is a big responsibility, but when you consider all the benefits above, they make all that hard work worthwhile. Whether you choose to keep a cat, dog, horse or hamster, they'll make a great companion.

## How To Be Happy in Difficult Times

We often find ourselves in a challenging or difficult situation. Owing to the pandemic, the things that brought us joy so easily before traveling, grabbing lunch with friends, hugging our loved ones are suddenly fading. But that doesn't mean we can't find new and creative ways to cultivate happiness. Believe it or not, research shows that rough times can actually leave us feeling even happier and healthier.

**The following are some tips to help you nurture and cultivate joy in times of adversity or trauma-**

**1. Listen to Music:**

By now we've all seen those heart-warming videos of Italian citizens serenading each other on their balconies. Turns out those Italians were on to something. Study confirms that music is an excellent mood booster. As music therapist Esther Wong puts it, "Music bypasses the thinking/cognitive brain and goes straight to your feelings, which is why it is so powerful. It touches deep into your heart and soul."

**2. Connect with Others in New Ways:**

Humans are social creatures. Science shows that having strong social connections is the most consistent predictor of who has a happy life. But maintaining and building our social connections has become more difficult in the age of lockdown orders, social distancing, and masks that hide our smiles. That's the bad news, but the good news is that we are fortunate to have so many different types of technology to help us forge bonds with people we can't see face-to-face. Zoom, Face Time, and social media are obvious options.

**3. Show gratitude:**

Think about the people that make your daily life that much easier during this pandemic the grocery store clerks, the nurses, and doctors, the mail persons, the teachers, the sanitary workers, the food delivery workers. How might you show your gratitude? Not only will it brighten their day, but it will also give your own mood a lift. It might even give your immune system a well-needed boost.

**4. Exercise Makes Everything a Little Better:**

This might seem cliché, but exercise really does lift our moods. The serotonin and endorphin that are released when we exercise are 'feel-good' chemicals that boost our moods. This does not mean that all our problems will suddenly melt away. However, exercise will help us cope better with any situation and has even been shown in many studies to reduce or prevent depression. The mistake some people make is to neglect exercise when they are unhappy. The next time you are unhappy about something, go for a brisk walk or run and see how you feel after. Chances are that you will feel a lot better than you did before.

**5. Do What You Love:**

If you engage in activities and hobbies that you love when you are feeling unhappy, it will always lift your spirits. When we do what we love, it grabs our attention and focuses it away from whatever is making us unhappy. You will have your own favorites and it is extremely useful to tap into them. Think of it as a form of meditation and mindfulness.

**6. Remember that nothing lasts forever and that this will pass:**

Finally, always take heed in the fact that our difficult times and unhappiness will not last. Nothing lasts forever, including pain and disappointment. Give yourself the gift of time and be patient. Seek solace in the fact that time lessens all wounds. The world is always changing and so are our lives. Nothing is constant. There really is light at the end of the tunnel even if it seems dim or non-existent right now. Just keep moving forward and stop looking backwards.

**By: Kshitij**  
**(Personality Development Instructor)**

## Significance of Reading

**"Reading isn't a team sport; it is a personal rescue art. It is a warm company when the pandemic makes us feel very alone."**

Mexican author Valera Luisseli recently said in an interview that what scares her most is a world without fiction, in which we don't share a collective space of imagination. Several writers like her whether they are inventing an alternate universe or reporting reality- have committed their lives to producing original works each year despite the numerous challenges they have to continually face. Covid has helped us recognize as a group, the significance of reading and how it so often manages to liberate us from everyday slumber.

India has seen new books announced, older books finding a new lease of life.

**As Dr. Johnson put " books are the precious life-blood of the master spirit."** If put to the test of time, where we have fallen into, can prove his authentic significance as papers have more patience than people. Life isn't a bed of roses. We must expect unexpected; reading and writing are the skills highly rated.

## Literature For Peace And Human Utility

Man is a social animal. He cannot live alone; association with others makes for self-realisation. He has an instinctive sense of identity with his fellow men. He has a sense of completeness and importance when he feels that he is a part of universal human life. Egoism or self-centered existence leads to his unhappiness. The brotherhood of men is the supreme goal of humanity. Nature meant all men to be equal and integral with others. It is Nature's holy plan that men should live in close unity and solidarity and in unison with Nature. But Nature's holy plan has been defeated by men. The poet laments what man has made of man. Wordsworth mourns man's inhumanity to man and deplors man's separation from Nature. Modern industrial civilization has sundered man's relationship with Nature and has caused a division among men. Artificial barriers have been set up to dissolve the cohesion of the Family of Men. Casteism, parochialism, linguism, nationalism, provincialism are man's creations which are responsible for the schism among humanity. The generous impulses, genial feelings and innate good will have been eroded and men are now engaged in cut-throat competition for power, help and influence. Malice and Prejudice prevail over the world and man has virtually been turned into an enemy of man. In this milieu of separatism, malice and animosity, literature has a big role to play. Literature is not divorced from the life and has close relation with the society in which it is made. Moreover, the poets, novelists and dramatists are called upon to fulfill a social function. A writer who is cooped up in the ivory tower of his private emotions and experiences does not discharge his social obligation. A great writer imbues his readers with a sense of identity with his fellow men. He does not do it directly and didactically, but he treats his subjects—matter in such a way as to inspire his fellow men with a sense of unity and purpose. A novelist or dramatist delineates the relationship of men and women in a sympathetic and perceptive manner so that the readers feel a kinship with the struggling and suffering humanity. George Eliot defines the social function of art: **“Art is a mode of amplifying experience and extending our contact with our fellow men beyond the bounds of personal lot”**. The writer seeks to impress the readers with the sympathies of the readers. The only effect that a great writer seeks to produce is that those who read them should be better able to imagine and feel the pains and joys of those who differ from themselves in everything but the broad fact of being struggling erring human creatures. Shakespeare is the most impersonal of all writers. But his plays show man's moral struggle in the world. He presents the spectacle of struggling erring humanity in such a way as to evoke pity and admiration for them. The readers feel a sense of identity with the character and are imbued with a sense of unity with their fellowmen. A great writer is inspired by a higher morality by virtue of his broad vision derived from his freedom from orthodox restraints and sectarian motives. It is the human solidarity that is at the heart of the moral concern of great writers. Tolstoy observes:

**“Art is a great matter. Art is an organ of human life transmitting man's reasonable perception into feeling..... In our age, the common religious perception of man is the consciousness of the brotherhood of man – We know that the well-being of man lies in union with his fellowmen.”** It is by sympathetic delineation of characters through their inevitable confrontations and contrasts, by exploring the areas of their minds and by exposing the secrets and mysteries of their mental responses that the writer translates the idea of solidarity with sense of solidarity with the others and thereby knowing their condition. This is the essential purpose of characterization with Shakespeare, George Eliot, Thomas Hardy, Conrad, etc. In ‘King Lear’ Shakespeare depicts the gradual awakening of self. Lear at the beginning is wrapped up with a sense of fellowship with others. Wordsworth rightly observes: “Art should bind together by feeling and passion the vast empire of human society”. Apart from the social and moral function of art, the poets and other writers have always prepared the lesson of human unity. It is ever recalling to our erring minds the basic fact, “one touch of Nature make the whole world kin”. The poets are making us alive to the great truth that we are all the same ‘suffering and enjoying human beings’. Shakespeare shows all human beings akin in spirit. For him king is but a man, the Jew has eyes and feelings just like a Christian and the proud man, dressed in brief little authority is like an angry ape. He has pulled down so-called great men from their higher pedestal and placed them in the same position with the common men. Shelley has the ecstatic vision of the equality of man:

**Equal, unclassed, tribeless and nation less,  
Exempt from awe, worship, degree the king  
Over himself, just gentle, wise, but man.**

Tennyson has the poetic dream of the Parliament of Men where all men's good shall be each man's rule, and “the kindly earth shall slumber, lapt in the universal law of love”. Rabindranath in all his writings has enjoined on his universal brotherhood of man. By Sahitya he means “Sahitabodha,” man's sense of togetherness with all his fellowmen. Thus literature has always made us alive to the importance of human unity, It is consummation devoutly to be wished, although it is a far-off cry. Men cannot live in peace and plenty unless this human unity is achieved. The threats of war, the menace of inequality and the horror of sectarianism have made life insecure and unhappy. The cause of unity and fraternity of mankind can be fostered and promoted only by the deep study of world literature. No politicians and thinkers can bring about this unity and equality among humanity who are sundered by artificial barriers and man-made distinctions.

**By: Shyam Jha  
(PGT English)**

# Interesting Facts About

# MATHS



1. "Forty" is the only number that is spelt with letters arranged in alphabetical order.
2. From 0 to 1000, the only number that has the letter "a" in it is "one thousand".
3. Four is the only number in the English language that is spelt with the same number of letters as the number itself.
4. Every odd number has an "e" in it.
5. Zero is the only number that can't be represented in Roman numerals.
6. Zero is the only number which has so many names such as naught, naught, nil, zilch and zip.
7. The opposite sides of a dice always add up to seven (7) examples : **1 + 6, 2 + 5, 3 + 4**
8. Zero is neither positive nor negative, neither a prime nor a composite number. It is an even number.
9. Zero divided by zero has no answer.
10. Seven is the most significant number across religions and cultures. For example, seven colors in a rainbow, seven days in a week, seven notes on the musical skill, etc.

By : Priti Anand (PGT COM.)

## BLACK MIRROR



Garima Sikri (TGT English)

### “SOCIAL MEDIA

Social media was constituted as a platform to interact with people and to exchange thoughts, ideas and cultures.

However, gradually it has become a platform to bully or blame others for what happened in someone else's life.

”

**HYPERREALITY:** a situation that has conquered all of us, is a term coined long ago by Jean Baudrillard where he described that media can now create an idealistic representation of reality that outperforms actual reality and leave the audience depressed as their own life doesn't live up to that artificial reality.

#### HYPERREAL WORLD

In today's scenario hyperreality covers a great part of our life. We all are living an artificial life where we don't even know ourselves or what we truly feel? We just want to peep in the life of others through the window of social media which blurs the line b/w reality and hyperreality as everyone in this world wants others to believe that our life is way more beautiful than others. But is it true? Are we really living a life? Many of us don't even have a single person to talk with or share our experiences of the day with. We always seek attention and therefore try to impress the community and increase our likes and followers by posting our pics with #travelgoals #couplegoals #chef etc. But are we really enjoying the time while we go out with our partner or friends or are we dressing up and going to a great place with great ambience just to have some fabulous clicks to post on the social platform?

#### SOCIAL MEDIA

Social media was constituted as a platform to interact with people and to exchange thoughts, ideas and cultures. However, gradually it has become a platform to bully or blame others for what happened in someone else's life.

Somehow, we all are the victims as well as the perpetrator of this change as either we judge others or are being judged by them. We have become sadistic and thus we feel happy by trolling others, by hurting others. When Carry Minati was roasting Amir Siddiqui in the name of Tik Tok did we understand how his words can affect the latter? None of us did, on the contrary the trend of roasting and hurting someone's feelings became a trend. Why is it so?

#### ADORE IMPERFECTIONS

Eventually, all of our lives are caught in the mesh of this hyper real, ornamented world where everything seems to be perfect and beautiful except our life which leads to anxiety, frustration and later suicides. We all have forgotten that beauty is not a physical thing but an abstract idea which can be felt and is in the eye of the beholder, it is something that comes from inside and radiates outside. The virtual world is fooling youngsters by cultivating the ideas of perfection which don't exist in the real world, life is imperfect and is adorable in that sense. Hence, we should understand that the biggest challenge that our generation is facing is that we are not kind to each other but are judging by getting envious of others on the basis of their clothes, style, dialect etc. Cease judging others or comparing yourself with the world and appreciate the imperfections in yourself and in your surroundings. Let's just come out of this fake world and enjoy the beauty of the present moment just for ourselves and not for only posting it on social media. By Garima Sikri (TGT English).

By Garima Sikri  
(TGT English)



## L'argent fait-il le bonheur ?

L'argent est très important dans la vie. En effet, c'est grâce à lui qu'on pourra obtenir les choses dont on a envie. De plus, l'argent permet la réalisation d'un profond et authentique désir d'indépendance. En outre, c'est l'instrument de pouvoir, de puissance et un facteur de réussite sociale. Un homme riche est respecté et valorisé. Enfin, l'argent contribue au bien-être matériel. C'est ainsi qu'il permet de posséder une voiture, ou encore une maison, de se nourrir, de se vêtir, d'avoir les moyens d'acheter sans compter, de voyager beaucoup, et par là même, être heureux. L'argent est la clé magique qui ouvre toutes les portes.

Pour certains, il offre un grand pouvoir de séduction. Il permet à d'autres de se sentir rassurés. Ou bien encore, il incarne un symbole de liberté. Chacun entretient donc avec l'argent une relation particulière et y trouve son compte.



L'argent a une symbolique très puissante. Pour beaucoup, il est synonyme de puissance, de force, de plaisir. Il permet aussi à certains d'exercer un pouvoir sur les autres, dans le couple, en famille

ou au sein de l'entreprise.

L'argent représente aussi la sécurité, la protection. Enfin, l'argent est source de plaisir. L'argent peut faire le bonheur, mais à condition de le dépenser pour le bien d'autrui ou de bonnes causes. La finalité de l'argent est de contribuer au bonheur. Il faut admettre que l'argent facilite grandement la vie au sens pratique : cadeaux, petits plaisirs, sorties, vacances... Avoir de l'argent permet aussi de faire des études. Bref, il contribue à rendre la vie plus simple et à être heureux. Mais, le bonheur ne dépend pas uniquement de l'aspect matériel.

L'argent ne fait pas toujours le bonheur. Il ne peut être à lui seul porteur de bien-être et de joie. Beaucoup de gens sont riches, pourtant ils sont malheureux. L'argent est certes nécessaire à notre vie, mais pas au point de détenir la clé du bonheur. Il y a d'autres valeurs qui comptent dans la vie, par exemple l'amitié, l'amour, la famille et la santé. Ils peuvent procurer un bonheur véritable parce qu'on ne peut pas les acheter. On peut posséder tout ce que l'on veut et se sentir insatisfait et ressentir un Manque.

NIKITAGUPTA  
(French TGT)

## Yoga's Benefits In Our Life Specially In Current Pandemic Situation



### Dear Students,

As the country battles the Covid-19 pandemic on a war-footing, India's traditional system of Yoga has been established as a means to boost immunity, improve overall health and wellbeing. Lack of proper sleep, poor nutrition, and leading a stressful life, all lead to a weakened immune system and vulnerability to sickness.

A consistent yoga practice along with certain poses in particular can even boost the beauty and glow on our face.

You do not have to be born beautiful. You can acquire a beautiful, supple, glowing and flawless skin by treating yourself from inside through a selection of yoga postures and exercises rather than relying on expensive cosmetics.

In this fast-moving world where one hardly gets any time to take care of oneself. Here I suggest a couple of yoga routines and food regimen that you can follow to maintain your immunity.

### Pranayama :



You can enhance your beauty with yoga by incorporating strict guidelines in your daily life. Pranayama aids you in reversing the signs of ageing including wrinkles, saggy skin, crow's feet and fine lines amongst others. Pranayama also helps to purify the blood because of the increased intake of oxygen, which is very crucial for improving immunity.

### Mindful meditation:

Mindful meditation is the psychological process of purposely bringing one's attention to experiences occurring in the present moment without judgment, which one develops through the practice of meditation.



Mindful meditation can have immense health benefits including improved immune function, reduced blood pressure and enhanced cognitive function. Those who regularly practice mindful meditation have a certain glow about them that comes from within and radiates outward. It helps lower stress hormones that compromise the immune system, while also conditioning the lungs and respiratory tract, stimulating the lymphatic system to oust toxins from the body, and bringing oxygenated blood to the various organs to ensure their optimal function which helps us to remain healthy and attain inner beauty

## Unprocessed and protein-rich diet :

You should eat a variety of fresh and unprocessed foods every day to get the vitamins, minerals, dietary fiber, protein and antioxidants your body needs. Drink enough water. Eat fruits, vegetables, legumes (e.g., lentils, beans), nuts and whole grains like unprocessed maize, millet, oats, wheat, brown rice or starchy tubers or roots such as potato, yam, taro or cassava, and foods from animal sources (e.g., meat, fish, eggs and milk). For snacks, choose raw vegetables and fresh fruit rather than foods that are high in sugar, fat or salt.



**Ashwani Kr. Sharma**  
(Physical education Teacher)

I have always said that a strong immune system, good health and beauty are complementary to each other. Unless you are healthy from the inside, you cannot reflect true beauty. For flawless skin, shiny hair and a slim figure, good health must be on top of the list. In fact, I am a big believer in the Ayurvedic principles of holistic health, with yoga as an integral part of the program. This concept of holistic beauty care is unique and is practiced worldwide.

Yoga is very relevant in today's day and age, especially in the context of our fast-paced modern lifestyle, for both health and beauty. Personally, it has been a part of my life and I have experienced its numerous benefits.

## Cognitive Responsibility is — Our First Priority. —



**Sanjana**  
(PSYCHOLOGIST)

**C**hild psychology is one of the many branches of psychology. This particular branch focuses on the mind and behavior of children from prenatal development through adolescence. Child psychology deals not only with how children grow physically, but with their mental, emotional, and social development as well.

### History and Development

Today, psychologists recognize that child psychology is unique and complex, but many differ in terms of the unique perspective they take when approaching

development.

Childhood plays such an important role in the course of the rest of life, it is little wonder why this topic has become such an important one within psychology, sociology, and education.

Experts focus only on the many influences that contribute to normal child development, but also to various factors that might lead to psychological problems during childhood. Self-esteem, school, parenting, social pressures, and other subjects are all of tremendous interest to child psychologists who strive to help kids develop and grow in ways that are healthy and appropriate.

### Cultural Context

The culture a child lives in contributes a set of values, customs, shared assumptions and ways of living that influence development throughout the lifespan. Culture may play a role in how children relate to their parents, the type of education they receive and the type of childcare that is provided.

### Social Context

Relationships with peers and adults have an effect on how children think, learn and develop. Families, schools and peer groups all make up an important part of the social context.

### Socioeconomic Context

Social class can also play a major role in child development. Socioeconomic status (often abbreviated as SES), is based upon a number of different factors including how much education people have, how much money they earn, the job they hold and where they live.

Children raised in households with a high socioeconomic status tend to have greater access to opportunities, while those from households with lower socioeconomic status may have less access to such things as health care, quality nutrition, and education.

“ Sanjana  
(Psychologist) ”

## Topic



**Preeti Khanna**  
(PRT)

### “How can we protect biological diversity and stop the 6<sup>th</sup> mass extinction?”

Biological diversity refers to all species and living things on Earth or in a specific ecosystem. Biodiversity is important in human-managed as well as natural ecosystems. It is the

foundation of ecosystem service to which human well-being is linked. Biodiversity is a way of thinking that values the abundance of life. Without biodiversity, the health of the planet is in question. A healthy ecosystem has a rich level of biodiversity.

Few levels can define biodiversity better likewise; diversity of ecosystems, diversity of species and genetic diversity. Biodiversity includes all ecosystems—managed or unmanaged. According to recent analysis, the sixth mass extinction of wildlife on Earth is accelerating. More than 500 species of land animals are on the brink of extinction. Biodiversity can be caused by deforestation, habitat loss, overexploitation, pollution, climate change etc. It provides functioning ecosystems that supply oxygen, clean air and water, pest control etc. Deforestation removes trees responsible for the conversion of carbon dioxide into oxygen. It also leads to soil erosion.

Our environment benefits from the focus of biodiversity: -

- Recycle all plastic and glass products
- Turn lights off after leaving a room
- Recycle all paper and cardboard products
- Reduce waste of household food resources
- Regularly maintaining the operation of vehicles
- Plant trees near our home to produce shade

Extinction of animals, plants and other organisms caused by human activities. There are many problems and solutions against us in the midst of human activities. On a personal level, there are simple, practical things we can do to help prevent all this. It's not hidden that deforestation; climate change and habitat are rapidly endangering plant and animal species around the world.

We can stop the mass extinction by: -

- Stop burning fossil fuels
- Protect half the Earth's land and oceans
- Slow human population growth
- Fight illegal wildlife

Human activity has left the Earth struggling to sustain life, due to demands humans have. There are so many conservation challenges when dealing with biodiversity loss that a joint effort needs to be made through public policies, NGOs etc. However, small or large a particular area of the planet that can be found within it defines its ecosystem diversity. As our population grows together with our need for food, water, transportation.

Global warming and pollution are the largest threats to biodiversity. Higher temperatures through climate change mean increased biodiversity in some of the regions.

By : **Preeti Khanna (PRT)**

## DO WE NEED ZOOS ?



Nowadays a significant number of naturalists have been campaigning against zoos, arguing that it is cruel to keep wild animals in cages, away from their natural environment. However, I believe that zoos have a positive role to play, but some staunch critics are not convinced about it.

First of all, many species of animals are in danger of extinction because their natural habitat is

disappearing, due to deforestation. Some like elephants are hunted for their ivory and tigers for their skins. Therefore, if animals are kept in captivity they can breed in safety, which will prevent the species from dying out.

Another reason for keeping animals in captivity is that it gives many of us a chance to see animals from all around the world without having to travel. A trip to the zoo is an example way to spend a day out because we can enjoy ourselves and learn about animals at the same time.

On the other hand, a large number of animal lovers argue that it is cruel to keep animals in cages. It is my strident contention that animals are protected in the zoo from extinction.

To sum up, it is my strong contention that zoos should not be closed down because they are beneficial both to humans and to animals. It would be better if the government started building zoos in our country as it is high time to do so. You do not want to see some animals like tigers become extinct, do you?

**SHITHIJ GEORGE**

HAVE YOU EVER  
THOUGHT ABOUT HAVING A  
ZOO IN YOUR TOWN

?

# ARTS CORNER BY TEACHERS



By Preeti Khanna (PRT)



By Garima Sikri (TGT)



## Man in Need is a Man Indeed



**Mrs. Ruchi Jain**

Today Covid Pandemic has caused untold suffering and the challenges being faced by the orphan children or the children who have lost their bread earner is heart rending with uphill and current challenge before me as a member of **CWC** and what is the of the hour is that we have to counsel the child and his/her surviving member, support them with ration items through NGOs and more importantly with financial assistance to ensure that they continue to receive education in the same school which they have been studying and fees to be paid by the government. We also help the victims' family and motivate them to be the beneficiary of ration card, widow pension and old age pension being done by the government under exciting schemes.

**Mrs. Ruchi Jain**  
**(child welfare committee member)**  
**(Mother of Agraj Narayan)**

## कविता असफलता से सफलता की ओर



**Mr. Anuj Awasthi**

इंसान हूँ कभी निराश हो जाता हूँ।  
 रुकता हूँ, सहम सा जाता हूँ।  
 असफलता जो हाथ लगी है अभी अभी।  
 अपने भी धीरे – धीरे दूर हो जाएंगे।  
 सपने जो संजोए तो वह यही बिखर जाएंगे।  
 फिर याद आती है मेरी माँ कही हुई सीख।  
 अपनी किस्मत को अपने कर्मों से ही लिख।  
 अरे, भवर में हाथ उठाकर किसे बुलाता है।  
 जो दूंदता है सहारा वह डूब जाता है।  
 उठा हूँ भूलनी होगी वह धुंध भरी रात।  
 अपने आप के लिए ही तो करनी है नई शुरुआत।  
 दूर ना रहेगी अब मुझसे कतई मंजिल।  
 हर हाल में ही लक्ष्य करना है मुझे वह हासिल।  
 मेरे माता – पिता पिता मेरे गुरुजन का आशीर्वाद  
 न रहेगा दूर – दूर तक कोई अवसाद।  
 मेरे प्रभु आपको है मेरा बारंबार प्रणाम  
 हर हाल में अब मिल जाए मुझे मुकाम  
 हर हाल में अब मिल जाए मुझे मुकाम

Mr. Anuj Awasthi  
 ( Chief Manager Bank of Baroda  
 Shalimar Bagh)  
 (Father of Ananya & Aarna Awasthi)

## Parents Corner

### District Child Protection Officer (DCPO) & its functions

The District Child Protection Officer (DCPO) shall function as the head of the DCPU and shall be responsible for carrying out all day to day functions of the DCPU at the district level. The DCPO shall be appointed either by deputation or on contract. In districts where a district level officer of the ICPS implementing department (Social Welfare/Women and Child Development) is available, he/she shall function as the DCPO. In districts where such an officer does not exist, the post of DCPO shall be filled by deputation/contract.

A) The DCPO shall coordinate and supervise implementation of the ICPS and all other child protection activities at district level including monitoring and supervision of all institutions/agencies/projects/programs/NGOs and shall report to SCPS at the State level. For the purpose of coordinating a non-institutional care program at district level, he/she shall report to SARA (State Adoption Resource Agency) at the State level. The DCPO shall be responsible for coordinating development of an Annual District Child Protection Plan, resource directory of child related services and child tracking systems at the district level.

**Mr. Arunendra Narayan**  
**(District Child Protection Officer)**  
**(Father of Agraj Narayan)**

## Parents Welfare Corner

### TAKING CONTROL OF YOUR LIFE

**W**e all want to take charge of our lives, to display the best version of ourselves. Here are 4 rules that I have figured out that will actually help you to be the BEST!

**RULE-1 : BE BEST FRIENDS WITH FEAR.** The treasure you are looking for lies in the cave of fear. Explore your fears and will get what you want.

**RULE-2 : TAKE DECISION, TAKE ACTION.** Thinking is really very overrated, it is an infinite loop. So, before you indulge in thoughts too much, take the right action.

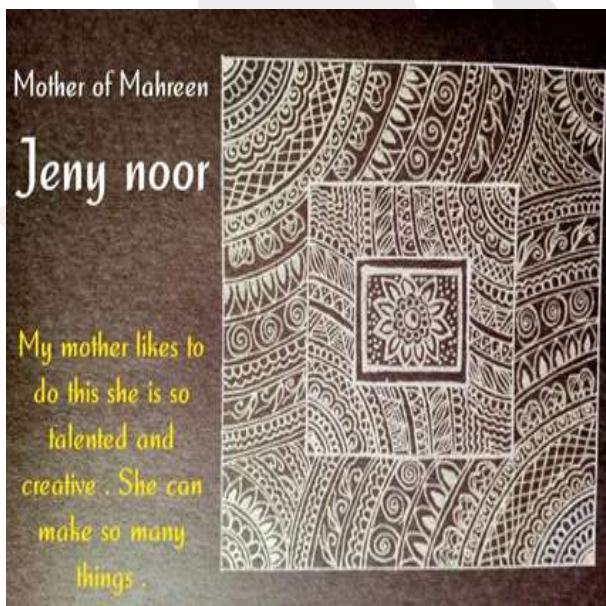
**RULE-3 : DON'T BE IN A HURRY TO LIVE.**

Don't rush for everything that seems attractive or pleasing, live every moment of life but be content. If you rush the things you will mess up with your present.

**RULE-4 : BELIEVE THAT YOU CAN.** It is one of the most life changing beliefs that one can build. Every big goal starts from "I CAN". Never underestimate yourself.

**Mr. RAJNEESH KUMAR**  
(Father of Devansh)

## Artwork By Parents



Mrs. Jeynoor  
(Mahreen's Mother)



Mrs. Sheetal Nanda  
(Geet's Mother)



### **Hello and welcome everyone !!!**

I hope you all are doing well .turn waste glass bottle into a beautiful home decor item by using following material

Shilpkar clay

Fevicol

Tissue paper

Paint and your creativity of course

Mrs. Sheetal Nanda  
(Geet's Mother)

## Best Performers

### “BEST OUT OF WASTE COMPETITION”

CLASS	NAME	POSITION
II	Shaurya	III
III	Riddhi	III
IV	Aarna	II
	Geet	I
V	Nabhya	I
	Aditya	II

### Hindi Recitation ( EY 1,2, & 3)

CLASS	NAMES	POSITION
II	Pawki	I
	Lavanya	II
	Shourya	III
Ey3	Yashsvee	I
	Tanishk	II
	Maulik	III

### ENGLISH CALLIGRAPHY ( III -V)

CLASS	NAME	POSITION
III	Kritigya	I
	Riddhi	II
	Tanvi	III
IV	Aarna Awasthi	I
	Geet Nanda	II
	Dishant	III
V	Rashi	I
	Iuvyansh	II
	Aditya	III

### T-Shirt Painting & Painting( VI -XII)

CLASS	NAMES	POSITION
VI	Chanchal	I
	Jharansh	II
	Harshit	III
VII	Gauri Phawa	I
	Rhythm	II
VIII	Ananya Awasthi	I
	Divyanshi	II
	Pranjal Kohli	III
X	Gaurav	I
	Himanshu	II
	Lakshya	III
XI	Ritika	I
	Manan Pasari	II
	Manan Sharma	III
XII	Parikram Aggarwal	I

### Story Telling (III)

CLASS	NAMES	POSITION
II	Kritigya	I
	Riddhi	II
	Tanvi	III



## Streams after 10th and Degree Courses in Pure Streams

### Science-A Group (Physics, Chemistry & Mathematics) Engineering/Technology/Architecture/Design

Degrees / Branches	Duration	Professions
B. Tech. (Bachelor of Technology)	4 Years	Engineer, Mathematician, Scientist, Architect, Commercial Pilot, Astronaut, Naval Officer, Physicist, Statistician, Interior Designer, Fashion Designer, Automobile Designer, Town Planner, Chemist
B. E. (Bachelor of Engineering)	4 Years	
B F. Tech. (Bachelor of Fashion Technology)	4 Years	
B. Arch. (Bachelor of Architecture)	5 Years	
B. Plan (Bachelor of Planning)	4 Years	
B.I.D (Bachelor of Interior Design)	4 Years	
B. Des. (Bachelor of Design)	4 Years	

#### Branches in Engineering/Technology

Aerospace	Computer Science	Industrial	Mining Machinery
Agricultural & Food	Electrical	Instrumentation	Naval Architecture
Architecture	Electronics	Manufacturing Science	Ocean Engineering
Automobile	Electronics & Communication	Marine	Petroleum
Biochemical	Electronics & Electrical	Materials Science	Plastic
Biological Sciences	Electronics & Electrical Com.	Mathematics & Computing	Polymer Science
Biotechnology	Electronics & Instrumentation	Mechanical	Production
Ceramic	Engineering Physics	Metallurgical	Textile Technology
Chemical	Engineering Science	Mineral	
Civil	Environmental	Mining	

### Science-B Group (Physics, Chemistry & Biology)

#### Medicine & Surgery/ Ayurveda/ Unani/ Homeopathy/ Agriculture & Allied Sciences/ Paramedical/ Nursing/ Rehabilitation Sciences

Degrees / Branches	Duration	Professions
MBBS (Bachelor of Medicine & Bachelor of Surgery)	5½ Years	Doctor (Anaesthetist, Cardiologist, Dermatologist, Endocrinologist, Gastroenterologist, General Surgeon, Gynaecologist, Haematologist, Neonatologist, Nephrologist, Neurologist, Oncologist, Ophthalmologist, Orthopaedic Surgeon, Otolaryngologist, Paediatrician, Pathologist, Physician, Psychiatrist, Pulmonologist, Radiologist, Urologist,) Dentist, Homeopathic Doctor, Ayurvedic Doctor, Naturopathic Doctor, Unani Doctor, Veterinary Doctor, Nurse, Optometrist, Occupational Therapist, Physiotherapist, Trauma Therapist, Pharmacist, Orthotist/Prosthetist, Audiology & Speech Therapist, Rehabilitation Therapist, Agriculturist, Sericulturist, Aqua culturist Etc.
BDS (Bachelor of Dental Surgery)	5 Years	
BAMS (Bachelor of Ayurvedic Medicine & Surgery)	5½ Years	
BSMS (Bachelor of Siddha Medicine & Surgery)	5½ Years	
BNYS (Bachelor of Naturopathy & Yogic Sciences)	5 Years	
BHMS (Bachelor of Homeopathic Medicine & Surgery)	5½ Years	
BUMS (Bachelor of Unani Medicine & Surgery)	5½ Years	
B. Sc. (Nursing) (Bachelor of Science (Nursing))	4 Years	
B. Optom. (Bachelor of Optometry)	4 Years	
BOT (Bachelor of Occupational Therapy)	4 Years	
BPT (Bachelor of Physiotherapy)	4½ Years	
B.Sc. (Trauma Care Management)	4 Years	
Pharm. D. (Doctor of Pharmacy)	6 Years	
B. Pharma (Bachelor of Pharmacy)	4 Years	
B. Pharm (Ayu) (Bachelor of Pharmacy(Ayurveda))	4 Years	
B.P.O (Bachelor in Prosthetics & Orthotics)	4 Years	
B. ASLP (Bachelor in Audiology & Speech Language pathology)	4 Years	
B. R. Sc. (Bachelor in Rehabilitation Science)	3 Years	
B.Sc. (Agriculture) ((Bachelor of Science (Agriculture))	4 Years	
B. Sc. (Sericulture) ((Bachelor in Science (Sericulture))	4 Years	
B. V. Sc. (Bachelor of Veterinary Sciences)	4 Years	
B. F. Sc. (Bachelor of Fisheries Sciences)	4 Years	



## Commerce

Degrees / Branches	Duration	Professions
B.Com.	3 Years	Accountant, Actuary, Auditor, Banker, Certified Finance Analyst, Certified Financial Planner, Certified Investment Analyst, Certified Investment Banker, Certified Stock Broker, Chartered Accountant, Company Secretary, Cost and Works Accountant, Economist, Finance Analyst, Finance Consultant, Finance Controller, Finance Manager, Finance Planner, Investment Analyst, Portfolio Manager, Statistician, Stock Broker, Tax Auditor, Tax Consultant
B.Com.(Hons.)	3 Years	
B.Sc.(Finance)	3 Years	
BBA(Finance)	3 Years	
BFA(Financial Accounting)	3 Years	
B.Com. (Professional)	3 Years	

## Higher Certifications in Pure Commerce

Certification	Website	Certification	Website
CA (Chartered Accountant)	www.icai.org	CSB (Certified Stock Broker)	www.nism.ac.in
CS (Company Secretary)	www.icsi.edu	CIA (Certified Investment Analyst)	www.nism.ac.in
CWA (Cost and Works Accountant)	www.icwai.org	Certified Actuary	www.actuariesindia.org
CFA (Certified Finance Analyst)	www.cfainstitute.org	NSE Certifications	www.nseindia.com
CFP (Certified Financial Planner)	www.cfp.net	BSE Certifications	www.bsebti.com
CIB (Certified Investment Banker)	Various Private Institutions		

## Arts/Humanities

Degrees / Branches	Duration	Professions
BA (Bachelor in Arts)	3 Years	Anthropologist, Archaeologist, Curator, Economist, Editor, Geographer, Historian, Journalist, Language Trainer, Philosopher, Political Scientist, Psychologist, Restorer, Social Worker, Sociologist, Teacher, Translator, Writer

## Specializations in Bachelor of Arts

Applied Psychology	Journalism	Social Work	Museology	History
Economics	Philosophy	Sociology	Public Administration	Psychology
Geography	Political Science	Archaeology	Indian/Foreign Language	Anthropology

## Professional Careers after 12th (PCAT)

General Degree Courses available after any stream in 12th

LAW	Degrees / Branches	Duration	Professions
	B.Sc. LLB (Bachelor in Science & Bachelor in Law)	5 Years	Litigator, Lawyer, Advocate, Social Activist, Diplomat, Judicial Magistrate, Judge, Professor, Legal Advisor, Corporate Legal Consultant, Arbitrator, Conciliator, Mediator Etc.
	BA LLB (Bachelor in Arts & Bachelor in Law)	5 Years	
	B.Com. LLB (Bachelor in Commerce & Bachelor in Law)	5 Years	
	BBA LLB (Bachelor in Business Admin. & Bachelor in Law)	5 Years	
	BLS LLB (Bachelor in Liberal Arts & Bachelor in Law)	5 Years	
	BSW LLB (Bachelor in Social Work & Bachelor in Law)	5 Years	
	B.Tech. LLB (Bachelor in Technology & Bachelor in Law)	6 Years	

## BUSINESS MANAGEMENT

	Duration	Professions
BBA (Bachelor in Business Administration)	3 Years	Executive, Manager, Administrator, Head or Consultant in the fields of Marketing/ HR/ Finance/ Systems & Operations/ IT, Entrepreneur, Family Business Owner Etc. Event Manager, Party Organiser, Wedding Planner
BMS (Bachelor in Management Studies)	3 Years	
BBS (Bachelor in Business Studies)	3 Years	
BBM (Bachelor in Business Management)	3 Years	
BBA+MBA Integrated Programme in Management	5 Years	

## HOTEL MANAGEMENT

	Duration	Professions
B. Sc. (Hospitality & Hotel Administration)	3 Years	Caterer, Hotelier, Chef, Travel Manager, F&B Manager, Housekeeping Manager, Front Office Manager, Sales & Marketing Manager, Air Crew, Ship Crew, Defence Personnel, Restaurateur
BA (Hons.) in Hotel Management	4 Years	
BA (Hons.) in Culinary Arts	4 Years	
B.Tech. (Hotel Management & Catering Technology)	4 Years	

## LIBERAL STUDIES

	Duration	Professions
BA (Hons.) with Diploma in Liberal Arts	3/4 Years	Refer Arts/ Commerce/ Science or any other specialisation which you Major in.
BBA (Hons.) with Diploma in Liberal Arts	3/4 Years	
B Com. (Hons.) with Diploma in Liberal Arts	3/4 Years	
B Sc. (Hons.) with Diploma in Liberal Arts	3/4 Years	

## MASS COMMUNICATION

	Duration	Professions
BMM (Bachelor in Mass Media)	3 Years	Anchor, Reporter, Journalist, Correspondent, Editor, Copywriter, Content Writer, Creative Writer, Director, Cinematographer, Media Programmer, Public Relations Specialist
BMC (Bachelor in Mass Communication)	3 Years	
BMS (Bachelor in Media Studies)	3 Years	
BJMC (Bachelor in Journalism & Mass Communication)	3 Years	
BA in Journalism/ Communication & Media	3 Years	

<b>ECONOMICS</b>	<b>Duration</b>	<b>Professions</b>
BA (Hons.) Economics B.Sc. (Hons.) Economics	3 Years 3 Years	Economist, Financial Risk/ Investment/ Market Research/ Actuarial/ Data Analyst, Economic Journalist, Statistician Etc.
<b>SOCIAL WORK</b>	<b>Duration</b>	<b>Professions</b>
BSW (Bachelor in Social Work) BA (Social Work) BSW+MSW (Bachelor + Master in Social Work) BRS (Bachelor in Rural studies)	3 Years 3 Years 5 Years 3 Years	Social Activist, Social Worker, Rural Development Officer, Volunteer with an NGO, Community Worker, Politician, Child and Women Welfare Worker Etc.
<b>PURE SCIENCE / COMPUTER APPLICATIONS</b>	<b>Duration</b>	<b>Professions</b>
BCA (Bachelor in Computer Applications) BCA+MCA (Bachelor + Master in Computer Applications) B Sc./B Sc.(Hons.) (Bachelor of Sci./Bachelor of Sci.(Hons.)) B. Math. (Bachelor of Mathematics) B. Stat. (Bachelor of Statistics) BS-MS Integrated (Bachelor of Sci.-Master of Sci. Integrated) BCA (Bachelor of Computer Applications) BBA-IT (Bachelor of Business Administration (Info. Tech.))	3 Years 5 Years 3 Years 4 Years 4 Years 5 Years 3 Years 3 Years	Programmer, IT Manager, System Manager, Network/ Software Engineer, Ethical Hacker, Animator, Game/ Web/ Application Designer, Mathematician, Scientist, Commercial Pilot, Astronaut, Naval Officer, Physicist, Statistician, Automobile Designer, Chemist Etc.
<b>DESIGN / FINE ARTS / VISUAL ARTS</b>	<b>Duration</b>	<b>Professions</b>
B.Des.(Bachelor in Design) BFA (Bachelor in Fine Arts) BVA (Bachelor in Visual Arts) B.Cr.A(Bachelor in Creative Arts)	3 Years 3 Years 3 Years 3 Years	Apparel, Automobile, Ceramic, Exhibition, Fashion, Furniture, Game, Graphic, Industrial, Interior, Life Style Accessory, Photography, Product, Textile, Toy Designer Etc.
<b>SPORTS</b>	<b>Duration</b>	<b>Professions</b>
BBA(Sports Management) BA(Sports Management) BPE (Bachelor in Physical Education)	3 Years 3 Years 3 Years	Sports Manager, Player, Coach, Physical Trainer, Teacher, Athlete, Announcer, Commentator, Sports Analyst, Equipment Manager, Referee etc.
<b>PERFORMING ARTS</b>	<b>Duration</b>	<b>Professions</b>
BPA (Bachelor in Performing Arts) Music, Acting, Singing Etc.	3 Years	Actor or Actress, Ballet or Modern dancer, Choreographer, Composer, Conductor, Dancer, Director, Dramatist, Musician, Performer, Screenwriter, Singer, Talent Manager, Theatre Artist, Trainer/Teacher, Vocalist

Courtesy :  
Career Guidance Cell, Orleans-the School-

# Highlights of Upcoming Events

July-2021

**Date :-** 01-7-2021

## **SPECIAL ASSEMBLY (INTERNATIONAL DOCTORS DAY)**

- The major role doctors are playing during this pandemic.
- Students can pay their tribute to the doctors and applauded the efforts of our unsung heroes by various activities like role play , poster making To alert everyone about hygiene and proper nutrition to fight various diseases.

**Date :-** 02-7-2021

## **K.G (HOW I SPENT MY SUMMER HOLIDAYS)**

- To be more expressive with their thoughts and ideas
- develop speaking skills
- graps presentable attitude

## **I-II (VOCABULARY ENHANCEMENT BY USING NEWSPAPER)**

- To inculcate vocabulary and creativity among students.
- Create a habit to develop reading newspapers.

## **III-V(STORY TELLING COMPETITION)**

- Having good stage presence with facia expressions, ...
- Using good voice projection, enunciation, and expression,

## **VI-XII (G.D ON WORLD UFO DAY)**

- Students must have good communication skills
- Confidence.
- Knowledge about given topic.

**Date :-** 05.7.2021

## **SPECIAL ASSEMBLY(WORLD ENVIRONMENT DAY)**

- To promote environmental awareness among the children and to save the planet earth.
- Students can participate in the variety of activities like planting saplings, making posters, best out of waste articles, and paper /jute bags, Quiz
- Students can display their creativity to utilize the natural Resources judiciously.

**Date :-** 07.7.2021

## **COLLAGE MAKING ON WORLD FOOD SAFETY DAY**

- To highlight the need for food safety systems
- To aware everyone that food safety is a shared responsibility
- Students should come up with beautiful messages through Their collage on food safety.

**Date :-** 09.7.2021

## **K.G (RHYME RECITATION COMPETITION)**

- Rhymes enjoy an undisputed importance in the life of a kindergartener
- To help children develop auditory skills such as discriminating between sounds.
- To developing the ear for the Music of words.

# Highlights of Upcoming Events

July-2021

## I-V (SPELL BEE)

- Spell Bee examinations are necessary to enhance a student's vocabulary and making him/her thoughts more clearly with uninvited advice.
- To help the students to build self Confidence, enrich their vocabulary and language based knowledge. The efforts of our unsung heroes by various activities like role play, poster making to alert everyone about hygiene an proper nutrition To fight various diseases.

## VI-VIII(PAPER MACHE)

- The joy in using one's own hands To create something beautiful out of waste material is incomparable. To understand and appreciate the simplicity and beauty of nature.
- Students can showcase their Skills by recycling old waste papers and spreading awareness With Beautiful art.

## IX-XII (Powerpoint of short movie/Game Competition)

- To showcase students' skill to understand a concept.
- To practice mind exercise.
- Students will be able to grasp a presentable attitude.

**Date :-** 12.7.2021 to 15.7.2021

### SCIENCE WEEK

- Science Week (**sometimes National Science Week**) refers to a series of science - related events for the general public which are held in specific countries during a Designated week of the year. **(Continue....)**

**Date :-** 12.7.2021 to 15.7.2021

### SCIENCE WEEK (Continue..... Part 2)

The aim of such science weeks is to engage and inspire people of all ages with science, engineering and technology.

The school theme for National Science Week 2021 is 'Food: Different by Design'

Students can explore their scientific aptitudes by participating in different hands-on activities. Taking part with vigour and enthusiasm, they can acquire the understanding of scientific concepts, principles and laws, through fun-filled activities and interesting online quizzes etc.

**Date :-** 12.7.2021

### DISCUSSION ON WORLD POPULATION DAY

- It basically advocates focusing attention on the importance and urgency of population-related issues.
- This year the UNFPA's goal on World Population Day 2021 is to raise awareness of women's and girls' needs for sexual and reproductive health and vulnerabilities during the pandemic.
- Students can also participate in various activities like Essay Writing, Poster Making, Singing and a small skit.

**Date :-** 15.07.2021

### III, VII & XI (INTERNATIONAL YOGA DAY SPECIAL ASSEMBLY)

- International Yoga Day aims to develop the habit of meditation among youngsters so that they can enjoy more peace of mind and self-awareness, which is essential for a stress-free existence.
- The theme of International Yoga Day 2021 is "Yoga for well-being."
- Students can do various Asana & pranayama like Tadasana, Garudasana, Trikonasana, Shalabhasana, Dhanurasana, Matsyasana, Yog Nidra, Anulom vilom & Kapalbhati.

# Highlights of Upcoming Events

July-2021

**Date :-** 16.7.2021

## **K.G. (CLAY MODELLING COMPETITION )**

- Clay modeling is a great activity which helps kids develop in many ways.
- Clay Modeling in small groups allows fun, communication, sharing and also improves social skills.
- It is an activity which nurtures a child's creativity, boosts imagination and imbibes self-Confidence.

## **I-V (WORKSHOP ON FIRST AID)**

- First aid training teaches children how to respond to various accidents and emergencies, but in turn will inspire a nation of young leaders.
- It will encourage children to work as a team, alongside enforcing patience and an ability to listen to others. These versatile skills will continue to benefit children throughout their Lives.

## **VI-VIII (FRENCH QUIZ)**

- French quiz is an effective way to be familiar with the world around to have literary, linguistic, political and social Genres.

## **IX-XII (POET'S COMBAT)**

- Poetry is not only the expression of entertainment and personality. It is also a social tool to take on injustice, the wrong prevailing in the society.

# Highlights of Upcoming Events

August - 2021

**Date :-** 02.08.2021

## **K.G (CARD MAKING ACTIVITY-OUR HELPERS)**

- To instill love and respect among students for helpers.
- To aware students on equality.
- Students will be able to showcase their creativity and develop love For mankind.

## **I-V (RAMP WALK-OUR HELPERS)**

- To aware students on equality.
- To help the students to built self confidence.
- To develop love and respect for Mankind.

**Date :-** 06.08.2021

## **VI-XII(CLEANING THE CLASSROOMS)**

- To build classroom culture among the students.
- Students should be encouraged to take care of their classroom and be held responsible for their own actions from the start.
- To make them acknowledge the importance of a healthy and clean surrounding.

**Date :-** 13.08.2021

## **K.G (FANCY DRESS COMPETITION- Historically important figures)**

- To develop knowledge of different historical personalities.
- A fun way to learn new things.
- Students will be able to grasp a presentable attitude.

## **I-V (Patriotic Song Competition)**

- To develop love and patriotism for the country.
- Students will be able to showcase their singing skills.
- To enhance their language and presentation skills.

## **VI-XII (ENGLISH SKIT COMPETITION)**

- Students will be able to exhibit their theatrical skills.
- To inculcate confidence in them.
- Students will develop speaking skills.

## **(I-XII)SPECIAL ASSEMBLY INDEPENDENCE DAY**

- To develop the feeling of Patriotism.
- To aware students on the Importance of independence
- To inculcate values.

**Date :-** 20.08.2021

## **K.G- II (RAKHI MAKING COMPETITION Theme: Cartoons)**

- The main reason behind this competition is to celebrate and depict the previous relationship of brothers and sisters.
- All the students should participate with zeal and enthusiasm and prepare colourful Rakhi.
- Students can showcase their talent with beautiful and creative hand-made Rakhi using unique material such as tiny mirrors, cotton balls, stickers, etc.

## **K.G- II (RAKHI MAKING COMPETITION Theme: Cartoons)**

- To develop creativity among kids.
- To create a fun environment for the students.

## **VI-XII (THALI DECORATION ACTIVITY)**

- Purpose behind such an activity as Pooja Thali decoration is to help the students to exhibit their talent at the same time about scared things put in the pooja thali for praying to God.
- The students can decorate thalis using eco-friendly material like flowers, rice, Diya and other items.

# Highlights of Upcoming Events

August | 2021  
September |

**Date :-** 23.08.2021 to 27.08.2021

## **HINDI WEEK**

- Rajbhasha Week or Hindi Week is celebrated on the occasion of Hindi Diwas.
- Its basic objective is to increase the spirit of the development of the Hindi language among students by not just limiting it to the Hindi Diwas only.
- The week can be celebrated by conducting rhyme recitation, Hasya kavita activity. Special assembly can also be conducted by the students in which they can highlight the importance of the national language, can present a Skit depicting evolution of hindi And dance performance also.

**Date :-** 27.08.2021

## **V, VII, X (WORLD EQUALITY DAY SPECIAL ASSEMBLY)**

- To aware students the importance of equality in the smooth functioning of the system.
- The day can be celebrated by conducting the various activities like challenging gender stereotypes, speech by the students on famous women's And craft writing competitions.

**Date :-** 28.08.2021

## **SPECIAL ASSEMBLY (JANMASTAMI)-I to XII**

- An awareness on Janmashtami, the mythological stories on Krishna ji and Radha ji – through plays and narrations, clay modelling, Doodle art, Storyboard, Mono-acting, Storytelling, Paper weaving, colouring, drawing, will be presented by the children.
- To aware students about the relevance of Lord Krishna's teaching with regard to the present situation and also advised students to spread love and live in the moment Wholeheartedly.

**Date :-** 03.09.2021

## **K.G (CRAFT ACTIVITY- CHARKHA MAKING ACTIVITY)**

- In this activity, students can work together to create charka using ice-cream sticks, cotton thread and paper.
- Teachers will share the significance of charka and khadi in Gandhi Ji's life.
- This activity will help the students in being aware of values that make individuals better human-beings.
- Students will learn about values of truth, non-violence, kindness and Love.

**Date :-** 04.09.2021

## **IX, VI, IV (SPECIAL ASSEMBLY TEACHERS DAY CELEBRATION)**

- To celebrate this occasion, students can perform songs and plays, acknowledging the contribution of their teachers.
- Students can speak a few words about their favourite teacher who inspired and helped them to excel.
- Students can also show their affection to their favourite teachers in the form of cards, speeches and chocolates.

**Date :-** 09.09.2021

## **III, VIII & XII (GANESH CHATURTHI SPECIAL ASSEMBLY)**

- Ganesh Chaturthi is a ten-day Hindu festival celebrated to mark the occasion of the birth of Lord Ganesha.
- Students got a glimpse of the rich Hindu culture and the importance of worshipping Lord Ganesha as the God of wisdom, good fortune, and prosperity.
- Students can come up with different activities like dances, songs and skits depicting the importance of Lord Vinayaka.

# Highlights of Upcoming Events

August | 2021  
September |

**Date :-** 11.09.2021

## **GD ON WORLD FIRST AID**

- September 12 is celebrated as World First Aid Day in order to increase awareness and accessibility to first aid. • It was first established in 2000 by the **International Federation of Red Cross and Red Crescent Societies (IFRC)**.
- Includes role-play activities that help reinforce learning. Students learn basic treatment for common wounds and medical conditions, including cuts and scratches, breaks and sprains, And poisoning.

**Date :-** 14.09.2021

## **SPECIAL ASSEMBLY (HINDI DIWAS)**

- To celebrate the richness of the beautiful language that we all hold very close to our hearts. As we stand on the threshold of a new way of life, this day marked as a remarkable blend of tradition and modernity.
- Students can come up with different activities like, essay writing, poems, and slogan writing.
- Student's participation in expressing their thoughts on Hindi Diwas shows how a language binds people together and spreads happiness.

**Date :-** 29.09.2021

## **VISUAL PRESENTATION ON WORLD HEART DAY)**

- World heart day is a campaign to spread awareness about the health of the heart amongst common people all through the world.
- To discuss with the students how to take care of their hearts by eating a healthy diet, doing exercise and yoga through visual presentation.